Separating file metadata and file content comes with speed because there is known place where file metadata is and sequential read is way faster than pointed reads. Also we can copy most used metadata blocks to main memory for fast access time. One disadvantages is quite utopic but what if that block is corrupted, we lose such datas permissions and it may create problems with permissions. Recovery is possible but creating everything as a default manner may cause problems. Snapshotting file and crash recovery for file is such easy because save metadata is enough